

# You know where you want to be but you just can't seem to get there. What's stopping you?

constant distractions?

competing priorities?

chronic multitasking?

**68%** of surveyed professionals, including managers and leaders, reported feeling constantly overwhelmed by information, which negatively impacted their focus and their ability to achieve their primary goals.

--Center for Creative Leadership

**! Regain your focus & concentration !**  
**Boost your overall effectiveness**  
**● Achieve your most important goals ●**



## FDM MASTERY GROUP

A transformative hybrid learning program blending on-demand digital and in-person experiences

Expert Instruction  
Proven Techniques  
Collaborative Learning  
Practical Learning Plan  
Supportive Community

**Learn More & Reserve Your Spot**  
[suitespotte.com/FDM-Mastery-Group/](https://suitespotte.com/FDM-Mastery-Group/)

**Registration Open Until June 5, 2023!**

**Early Adopter Pricing**  
**Limited Availability**

*created & presented by:*



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# FOCUS ■ DISCIPLINE ■ MOMENTUM

## *How to Get the Right Things Done Now!*

The **FDM Mastery Group** 90-day transformative learning program blends on-demand digital content capsules with in-person learning experiences to take your growth and results to the next level.

- ✓ **Expert Instruction:** Learn from experienced professionals who have successfully navigated the challenges of maintaining focus in challenging environments.
- ✓ **Proven Techniques:** Our tools combine practical experience and proven practices to help you develop the focus, discipline, and momentum required to excel in today's rapidly changing business world.
- ✓ **Collaborative Learning:** Participate in engaging, collaborative, small group discussions designed to help you further develop and apply the practical skills you practice.
- ✓ **Practical Learning Plan:** Developing skills, knowledge and experience using an action-learning approach for accelerated mastery (experiential + peer interaction + formal education).
- ✓ **Supportive Community:** Connect with professionals facing common challenges and who "get it". Build a network of peers who will support your journey to greater growth through focus, discipline, and momentum beyond the program.

### WHAT YOU'LL GAIN

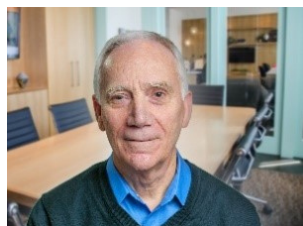
-  Improved focus and concentration for better decision-making
-  Increased productivity and efficiency to achieve more in less time
-  Enhanced ability to prioritize tasks and manage competing priorities
-  Stronger collaboration and communication skills for more effective teamwork
-  Tools to minimize distractions and develop a more disciplined approach to work
-  A supportive and trusting community of peers to grow with as you move forward

### FDM MASTERY GROUP SCHEDULE

REGISTRATION CLOSES: June 5, 2023

- |   |                                |                    |
|---|--------------------------------|--------------------|
| 1 | 1st Digital Capsule Release:   | June 12, 2023      |
|   | 1st In-Person Group Session:   | July 13, 2023      |
| 2 | 2nd Digital Capsule Release:   | July 14, 2023      |
|   | 2nd In-Person Group Session:   | August 17, 2023    |
| 3 | Final Digital Capsule Release: | August 18, 2023    |
|   | Final In-Person Group Session: | September 21, 2023 |

### MEET YOUR FDM MASTER



**Mark Akerley** ([sigmanow.com](http://sigmanow.com)) is a Strategic Advisor and Business Coach helping individuals and organizations make smarter decisions to grow and thrive. He works with

small and large companies -- listening, teaching, collaborating, guiding -- to improve results. Focus, Discipline, and Momentum is his mindset, and formula for success. Mark's powerful FDM formula has steered numerous leaders along a path to substantial growth.

### FDM MASTERY GROUP PARTICIPANT FEE

**Early Adopter: 3 payments @ \$750/each**  
Due prior to release date for each capsule

**Total program commitment: \$2250**  
includes digital on-demand content capsules, practice guides, in-person group sessions, private FDM community Slack channel, and between-session FDM Master coaching.

**Learn More and Register at:**  
[suitespotte.com/FDM-Mastery-Group](http://suitespotte.com/FDM-Mastery-Group)